

## THE INSTITUTE OF **Company Secretaries of India** भारतीय कम्पनी सचिव संस्थान

GURUGRAM



Statutory body under an Act of Parliament (Under the jurisdiction of Ministry of Corporate Affairs)

VISION "To be a global leader in promoting **ICSI Motto** 

सत्यं वद। धर्मं चर। इह्ह्मे the truth. abide by the law.

MISSION "To develop high calibre professionals facilitating good corporate governance

## **GURUGRAM CHAPTER OF NIRC OF ICSI** Celebrates

9th International Yoga Day

"Yoga for Vasudhaiva Kutumbakam"



Google Form Link for Yoga Day dt. 21.06.2023

https://forms.gle/jkc8ituCHuaf8jLfA



Sivananda Yoga Centre, F-40, South City 1, Gurugram-122001

Wednesday, 21st June 2023 (06:00 am-08:00 am)

## YOGA- A WAY TO HEALTHY LIVING

06:00 to 06:30 Arrival at yoga centre

Yoga class 06:30 to 07:30

07:30 to 07:45 Talk on yoga

Aarti and Prasad 07:45 to 08:00

BRING YOUR OWN YOGA MAT

NO PARTICIPATION FEE

WITH BEST REGARDS

CONNECT WITH ICSI

CS APOORVA KUMAR Chairman

CS YOGESH KUMAR Secretary

CS RAM SAHAY Vice-Chairman & Chairman, Co Scholastic Committee







